



*Newsletter of the*

## **BURLEY GRIFFIN CANOE CLUB**

Volume 29 Issue 4, February 2019

### **Your Committee:**

**President:** Russell Murphy

**Vice President:** Patricia Ashton

**Secretary:** Kai Swoboda

**Treasurer:** Trent Burkitt

**Safety Officer:** Vacant

**Membership Secretary:** Helen Tongway

**Public Officer:** Bob Collins

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### **In this issue:**

- Grants to travel to sporting championships
- Ultra Marathon Special Certificate of Merit
- Race reports—PNSW Sprint Championships and Paddle Victoria Yarrowonga race
- Convenors' reports: SUP, Slalom/whitewater, Marathon



*The ACT Government assists this organisation  
through Active Canberra, ACT*



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## Coming Events:

<b>Dates</b>	<b>Event</b>	<b>Location</b>
Wed, 6 February	Wetspot Summer Series time trial	Molonglo Reach
Wed, 13 February	Wetspot Summer Series time trial	Molonglo Reach
Wed, 20 February	Wetspot Summer Series time trial	Molonglo Reach
Sat and Sun, 23–24 February	Frank Harrison races 26 km or 16 km, singles on Sat, doubles on Sunday	Albury
Wed, 27 February	Wetspot Summer Series time trial	Molonglo Reach
Sat, 2 March	PNSW Marathon series Round 1	Canberra, including singles State Marathon Championships
Wed, 6 March	Wetspot Summer Series time trial	Molonglo Reach
Wed, 13 March	Wetspot Summer Series time trial	Molonglo Reach
Wed, 20 March	Wetspot Summer Series time trial	Molonglo Reach
Sat, 23 March	PNSW Marathon series Round 2	Woronora
Wed, 27 March	Wetspot Summer Series time trial	Molonglo Reach
Sun, 31 March	PNSW Marathon series Round 3	Tacoma
Wed, 3 April	Wetspot Summer Series time trial	Molonglo Reach
Sun, 14 April	PNSW Marathon series Round 4	Lane Cove, including Doubles State Marathon Championships
Sun, 27 April	PNSW Marathon series bonus round	Batemans Bay Paddle Challenge
Sat, 4 May	PNSW Marathon series Round 5	Mylestrom
Sat, 1 June	PNSW Marathon series Round 6	Burrill Lake
Sat, Sun & Mon 8–10 June	Riverland Paddling Marathon	Berri to Morgan, South Australia
Sat, 23 June	PNSW Marathon series Round 7	Penrith
Sat, 14 July	PNSW Marathon series Round 8	Davistown
Sat, 3 August	PNSW Marathon series Round 9	Windsor (portage round)
Sat, 24 August	PNSW Marathon series Round 10	Teralba (plus presentation dinner)

## President's Report: Russell Murphy

I just love this time of year. I wanted a long, hot summer and it has been delivered. Unlike a lot of people, for me it's the hotter the better. When your thongs start to melt to the bitumen, then you know you are living.

Big news for this month is the upcoming Canberra marathon race on 2 March. Many of you will compete and I encourage everyone to do so. If you aren't competing, there are plenty of jobs to be done, from helping with the BBQ to marshals to set up and pack down.

My thanks to Russell Lutton for all his work in preparing for the event.

On 3 March will be the traditional Burley Griffin Bash. While we see it every day, our lake is still one of the best paddles in the country.

It's also a great time of year to get out and do some exploring of the waterways around NSW. We've got lots of great rivers and lakes around for day trips or longer.

Time trials are also back in full swing, and polo on the river seemingly never stops. Regardless of your skill level there is someone you can paddle with or a competition for you. Do it to get to know your fellow paddlers if nothing else.

See you on the water,

*Russell*

## SPORTAUS: Local Sporting Champions Grants

The Local Sporting Champions program provides financial assistance for coaches, officials and competitors aged 12-18 participating in state, national or international championships.

If successful, applicants will receive \$500-\$750 towards the cost of attending their championships

- Base Grant: **\$500**
- Applicants travelling 800–1999km to their nominated championships: **+ \$100**
- Applicants travelling internationally or greater than 2000km to their nominated championships: **+ \$200**
- Applicants residing in a rural electorate: **+ \$50**

### Apply Now

#### Important dates

- Applications are open until 11.59pm (AEDT) on 28 February 2019 for Round 3, 2018–19.

#### Before you begin:

- [Eligibility criteria](#)
- [What you need to prepare](#)
- [Application process](#)

#### Contact us

**Phone:** +61 2 6214 1462

**Email:** [lsc@ausport.gov.au](mailto:lsc@ausport.gov.au)

#### Applicants must meet the following criteria

- Be turning 12 to 18 years of age in the same calendar year as the nominated championships.
- Be an Australian citizen or have been granted permanent resident status, residing in Australia.
- Be participating as an athlete, coach, or match official in:
  - an official state championships endorsed by the relevant Sport Australia [recognised national sporting organisation \(NSO\)](#) or a School Sport Australia member body; or
  - an official national championships endorsed by the relevant Sport Australia recognised NSO or School Sport Australia; or
  - an international competition as a member of an official Australian team, endorsed by a Sport Australia recognised NSO or School Sport Australia.
- Those attending a state championships must be living more than 125km from the championships venue, and travelling greater than 250km return to participate in the nominated championships\*.
- Must complete and submit the application prior to the nominated championships commencing\*\*
- May receive a maximum of two grants in the same allocation year (1 March – 28/29 February) for attending either:
  - one state or national championships and one international competition; or
    - two different international competitions.
- Must incur out-of-pocket expenses equal to, or greater than, the grant amount they are eligible to receive.

**So, [Junior BGCC members](#): are you travelling for Canoe Polo, Sprint, Marathon, Freestyle or any other paddling discipline, to National or State Championships – or travelling overseas for International Championships? If so, get your applications in as soon as possible!**

## **Volunteers needed for shed clean up: Scott Hunter**

Due to the usual mess from spring flowering, as well as the building activities, it is time to clean out the shed once more. Volunteers are needed for a job that usually takes less than two hours, provided enough members turn up with their usual enthusiasm, brooms, rakes and other cleaning equipment. In order to accommodate other club activities, the cleanup will take place on Saturday, 9 February commencing at 9:30 am. Any and all assistance welcome, even if you can only come for an hour or so.

See you there.

*Scott, Boat Captain*



16 Wollongong Street, Fyshwick, Phone: 02 6239 1323

## Keep on keeping on—BGCC's battery of real bunnies: Scott MacWilliam

The club is well known for the range of paddle sports at which members excel. From canoe polo to marathon racing, ocean racing and SUPs, BGCC is a leading club. Less is known about our paddlers' performances in longer races. In 2018 there were significant achievements to add to the club's long history in serious distance paddling. Two performances stand out in particular: Helen Tongway reaching 1,000 kilometres in races during a 12-month period; and Bob Collins's receipt of an Ultra Marathon Special Certificate of Merit (UMSCM).

Helen was the first club member to win the award, 'way back' in 2000 when the award was presented for two races, the Hawkesbury Classic and the Murray Marathon. Helen competed in and completed the Hawkesbury Canoe Classic in a C4. That crew's record of 10:00:47 for the 111-km race still stands. In 2000, Helen also completed the Red Cross Murray Marathon (RCMM) in a C2 with another BGCC member, Frank Kingma, in 34:38:28.



Helen Tongway and Bob Collins (taking a short break?) on Day 1 of the Murray Marathon

In 2008 Helen completed the HCC with Bob Collins in 11:55:50, and completed the (last) RCMM with Frank Kingma in 35:27:28. In the same year, Bob Collins appeared in the record books, having completed the RCMM with Patricia Ashton in 36:04:28. Unfortunately there does not appear to have been a ultra marathon certificate in that year, when both Helen and Bob would have qualified.

Subsequently the Myall Classic, held in late September, was added to the events covered by the UMSCM. Although the Myall Classic is a 'short' long marathon at 47 kilometres, nevertheless it is now an official part of the PaddleNSW Marathon Classic Award. While inclement weather during the Hawkesbury Classic cruelled Helen's attempt to win a second certificate, 2018 was the year for Bob's entry into the record books as a BGCC long-distance legend. (He also became a club icon for his capacity to put off retirement numerous times in order to paddle long distances with the assistance of a stable of extremely capable female paddlers.) Bob completed the Myall Classic with Patricia Ashton and the Hawkesbury Classic under the tutelage of Danielle Winslow. Helen Tongway guided him through the Murray Marathon. Twelve UMSCM certificates were awarded in 2018, with Bob receiving one.





Helen Tongway and Bob Collins at the finish of the of the Murray Marathon at Swan Hill on Day 5

Normally reliable sources have it that numerous club paddlers are in serious training to join Helen and Bob this year. However, don't expect either of them to surrender their places as club legends easily. Bob (and Danielle) are still fuming at the official decision that stopped them from recording a sub-11 hours' time for the 2018 Hawkesbury Classic. While Helen is unlikely to attempt to surpass Freya Hoffmeister's round-Australia achievement, don't put any money against her having sights on another record. They are both unstoppable and BGCC is the richer for having two people who set targets for others to attain.

*Scott*



Bob and Helen wearing their race completion medals



## SUP Convenor Report: Joanna Nelson

Happy New Year!

I hope everyone has had a relaxing break and managed to get over to the coast with family and friends. I would like to share the next generation of Stand Up Paddlers, introducing;



Harvey—with dad Aidan catching some waves in Pambula



Kaila—with (g-ma) Lana at Jervis Bay



Mitch with Dad Matt



Mitch on his very own Starboard race board—best birthday present ever!!



The Hunter clan—took out the Red XL monster SUP to catch some waves at Merimbula Bar over the holiday period with younglings. *Picture – Scott Hunter and family*

If there are new or existing members interested in getting into Stand Up Paddling for fitness or recreation, there are a couple of club members with pre-loved race boards to sell. Please contact me via email [joannagnelson@gmail.com](mailto:joannagnelson@gmail.com)

*Joanna*

## Slalom Report: Kai Swoboda

River levels have remained low but the commencement of the summer release from Burrinjuck Dam has provided an opportunity to paddle at Childowlah. Congratulations to Angus who qualified for his Whitewater Skills Award on a recent Childowlah weekend with River Canoe Club.

River Canoe Club is planning another weekend at Childowlah on 23 & 24 March. There will probably be a few BGCC members heading along. Paddlers are grouped according to experience and skills so everyone can be catered for. Further information is available from <http://www.rivercanoeclub.org/content/white-water-skills-weekend-2>

*Kai*





## YMACC Murray River Classic: Margi Bohm

Liam and I travelled to Albury on 20 January to meet up with Liam's K2 partner Joe Burton and soon to be BGCC (joint with INCC) paddler Emily O'Rourke for a training weekend that included participating in a Paddle Victoria 2019 Series Yarrowonga race. It was an easy drive down on Saturday morning with Matthew, Liam's Dad doing the driving. We arrived in Albury at lunch time to a stinking hot day and spent the afternoon doing some flexibility, muscular endurance and core strength testing. In the late afternoon, once it had cooled down a bit, we went down to the lake at Albury for a paddling session. Liam and Joe spent some time setting up the K2 and Emily worked on her paddling technique following a longish absence from the boat.



On Sunday morning, we got up bright and early and headed out towards Yarrowonga. The country side in northern Victoria is really dry! We wondered what the water level in the Murray would be like. We arrived at Yarrowonga with a couple of hours to spare, entered the race and prepared the boats.

The Yarrowonga race starts below the weir, a location well known to BGCC paddlers who do the Murray Marathon. It does not attract large numbers of paddlers but most of Victoria's top paddlers usually attend so racing is fast and serious. The course is a challenging 5 km loop with a beach portage at the half way mark on each lap. There was water coming out of the weir from three of the gates on the NSW side which put a bit of current into the river and it was quite swirly at the start but one had to watch out for snags and shallow places along the course. Paddlers in the first start could choose between 20 and 25 km. Given the coaches interest in race distance lap speed, Liam and Emily signed up for the 20 km course and I was hoping to do 15 km but ended up doing 10 km as the 15 km course was reserved for canoes.



Liam and Emily headed off first. It was a fast start with Seamus Spanner looking very impressive with Hamish Young, Joe and Liam in hot pursuit. Kate Leverett was also racing and looking really good despite giving birth to their second child 5 months ago.

The star of the day was Seamus who quickly pulled ahead of the pack with an average speed over 14 km/hr

for the first lap and 13.5 km/hr for the full 25 km. This is very impressive. Liam has never paddled in flowing conditions before and so this race was a bit of a learning experience. He ended up winning the 20 km race and coming 2nd to Joe in the U18s (Joe did 25 km but was ahead of Liam and so he won the U18s). Emily struggled with the heat and time out of the boat but finished the full distance in 2nd place in the U18s in a credible time.



I had a ding-dong battle with a ski which made for fun racing. I was portaging and losing a fair bit of time to the ski but then used every river tactic I know to outwit him on the way back up the course. I caught him following a first portage, but despite a negative split, I could not

make ground on the second lap. He had figured me out by then and when I peeled off for the last portage, he took off. Despite my best efforts to take advantage of the K1 when paddling against the flow, he held me off for 2.5 km and won the 15 km race.

After an excellent riverside picnic and delightful medal ceremony, we headed back to Albury for a nap and another later afternoon session on the lake. Joe and Liam have sorted a plan for their K2 and Emily is getting back into the swing of things so all-in-all it was a successful weekend. Big thanks to the Burtons for homestayng us for Saturday night and looking after us so well and to Matthew for doing all the driving.

Next race is the Harrison Race in Albury in late February. If you have not done this race before, it is a fun race with singles on the Saturday and doubles on the Sunday. The racing is fast in the flowing Murray and as the race is usually very well attended, you will have lots of other boats to paddle with. See you there!



*Margi*

## The Four Ages of a Paddler: David Tongway

I invite readers to place themselves in the age in which they think they belong. This is nothing to do with one's chronological age but one's attitude to paddling.

The first age is the age of Innocence, youth and self-confidence. The age at which you turn up for training and for races in plenty of time, when you automatically place yourself in Division 1 in the latest tippy racing boat and select the side of the course that will give you the fastest route to the first turn; the age when leading the diamond pack, you see off the wannabees with a cunning line into the turn without actually using touring canoes as barnacle removers; when approaching the portage exit, you stand on one leg in the boat at least four boat lengths short of the alighting point and the shift to running with the boat is a fluid and elegant single motion; when to agree to wear the required life vest is a sign of limp-wristed weakness; when a high-kneeling C1 is an automatic selection and sit and switch is a sissy preference, when at the end of the race you jump into an open sports car and speed off with a fashionistic partner, even while scorers are inscribing 'fastest time' on the result sheet against your name and allocating your club a big swag of points.

The second is the age of Discretion: the age of Maturity. This is the age when you arrive at the start just as your class is getting onto the water; when you might be persuaded to enter Division 3, though pleading to be allowed to enter Division 4 in your sensible stable craft; the age when you delay the start deliberately to avoid the turbulent wash from faster paddlers; when in ultra-marathons you graciously allow well-mannered paddlers in a different class to wash-ride for many kilometres; when a long sprint to the finish sees off lesser paddlers; when to forget to don your life vest is worse than forgetting your partner's birthday; the age when you slip off quickly in your family sedan to your partner to avoid having a row and points accrual is for other folk.

The third age is the age of Senility, when being asked to enter Division 12 is asking a bit too much, where brace stroking in your short, broad boat is a frequent and well-practiced action; when the specifications of 'para-canoes' look suddenly attractive; when turning the buoys is a three-point manoeuvre, well wide of the racing line and a challenge to sprint 50 m to the finish with another old codger is a deliberate and calculated insult. The age when your life vest is cherished and buckled up before you get the boat off the car. The age when after the race you repair to the local pub, harbouring improper, but alas impractical, thoughts about the aged and unattractive bartender.

The fourth age is the age of Retirement when you can no longer participate in paddling races; when you might have a splash and a giggle in the shallows while the field is way down the river carving up the water; a time when modifying your boat seat for greater comfort is a time-consuming displacement activity. It is the age of anecdotage, when, as a vaguely familiar figure, you will pour out to anyone foolish enough to listen the apocryphal stories of your youth; the older you get, the better you used to be. Your life vest is now relegated to covering a scarecrow in the garden and sex is just a Latin numeral.

*David*



## PNSW Sprint Championships: Cherie-Anne Van Baardwyk

Breanna Reid, Marcelo Cabezas and Robert Agostino went to the Sprint Championships at the Sydney International Regatta Centre on 19–20 January.

Marcelo and his partner won the Men's Open C2 200 and 500 races, while Robert and his partner came second. Marcelo also came third in the Men's Open C1 500 and 1000 races. Robert came third in the Men's Open C1 200.



Bre had an excellent outing, winning the Women's Under 21 C1 200 and 500 races. She was particularly happy with that result given that she has only just started solid training again. After the Sprint National Championships in 2017 she took a gap year—



working in Canada at Camp Akomak and travelling in Canada/USA—then started uni at University of Canberra. Now she has shaved a little off her C1 paddling times. Lots more improvement to come over the next 12 months as she aims for Junior Worlds in 2020.

*Cherie*

## Marathon Convenor's Report: Russell Lutton

Welcome to 2019 paddling. This early time in the new year provides a good opportunity to think about what your paddling goals are for the year and to plan to achieve them. What do you want out of your paddling? Whether it is general fitness, improving your paddling technique or going racing, one of the club's regular training groups can provide you with opportunities, support and great camaraderie to help you fulfil your paddling goals. Contact me if you think I can help in pointing you in the right direction.

Locally, BGCC hosts the twilight Wetspot Summer Timetrial Series every Wednesday. Full details are available on the club website. The club also conducts a winter timetrial series on Sunday mornings when the shorter days and cooler weather set in.

At the New South Wales state level, the PaddleNSW marathon series provides a range of race distances that cater for novice to advanced paddlers. These are well run events with a proven race format. (See below for details of the Canberra race and states.)

At the national level, Western Australia will host the 2019 Australian Canoe Marathon Championships on the weekend of 17-19 May. Several BGCC marathon paddlers are planning to undertake this event. Here's a way to really kickstart your racing experiences!

And at world championship level, the 2019 Canoe Marathon World Championships, incorporating world masters marathon championships, will be held at Shaoxing, China, on 17-22 October. Shaoxing is located on the southern shore of Hangzhou Bay and on the banks of the Qiantang River. A few of our BGCC paddlers have committed to race in this event.

Advice at present is that for both Nationals and Worlds, you should be able to race your own boat as container shipments will be organised from Sydney. Have a chat to Margi Bohm for more detailed information or check out the Marathon World Championships website at <https://www.canoeicf.com/canoe-marathon-world-championships/shaoxing-2019>

### Wetspot Summer Series 2018-19 Series



'Cursed' is perhaps the way to describe this 2018-19 summer series. The weather has really been against us most Wednesday twilights. Wind, thunderstorms, extreme heat—you name it, we have experienced one or the other regularly on Wednesday afternoons.

Notwithstanding, we have conducted the events and thanks to the support crew who make this possible: Tony Mee, our regular Webscorer timekeeper; Carolyn Williams, who compiles the results; and Geoff Collett, our ever-reliable BGCC webmaster who publishes the series information.

The links to the weekly results and the all-important cumulative point score are on the BGCC website. The dates for the remaining timetrials are below.

#### **Wetspot Summer Series 2018-19 Series Calendar**

<b>DATE</b>
Wednesday, 6 February 2019
Wednesday, 13 February 2019
Wednesday, 20 February 2019
Wednesday, 27 February 2019
Wednesday, 6 March 2019
Wednesday, 13 March 2019
Wednesday, 20 March 2019
Wednesday, 27 March 2019
Wednesday, 3 April 2019

#### **PNSW 2019 Marathon Series**

Don't forget that BGCC will host the first race of the 2019 series on Saturday, 2 March. The event will incorporate singles State Marathon Championships.

Can you please note the date of this race in your diary, particularly if you are not racing. This race, together with the Burley Griffin Bash on Sunday, 3 March, are big events that require a lot of club volunteer support to conduct. We will soon circulate an unfilled jobs list. Have a look at it and let us know what you can do to support your club on these dates.

PaddleNSW has recently published the divisional racing rules for 2019, which incorporate how state championships for single and double boats will be conducted this year. The big change is that separate championships for single and double craft will be conducted on separate days at different venues and as part of the regular marathon series.

The schema for doing this are set out in new rules 64 to 71. The 2019 divisional racing rules can be accessed at <https://paddlensw.org.au/policies-procedures/attachment/marathon-rules-2019-120119>.

Another change of note in the rules is that States masters age groups will be in 10-year increments—not five years as previously—from age 35. Entry at:

<https://www.webscorer.com/register?raceid=165702>





## 43rd Annual Burley Griffin Bash

That's right; this year is the 43rd successive year that BGCC has conducted the Burley Griffin Bash paddling event, surely a record for any paddle sport club in Australia. The event will be held on Sunday, 3 March following the PNSW marathon series race. The race distances on offer are 30km, 15km, 5km and 3km—so all paddler abilities are catered for. Perhaps plan race your single boat on the Saturday and opt for a double boat on the Sunday. Strong paddlers, double up with a new club member and give them a thrilling first event! Entries at <https://www.webscorer.com/register?pid=1&raceid=167151>

## But wait! There's more: NEW for 2019—the PaddleNSW Ultra Marathon Series

PaddleNSW has announced a new race series for 2019. Commencing in September 2019, the PaddleNSW Ultra Marathon Series will comprise the following events:

- Race 1 - Wyong Ultra (30kms)
- Race 2 - Myall Classic (47kms)
- Race 3 - Clarence 100 (100kms)
- Race 4 - HCC - Wisemans Dash (65km), HCC & BorB (111kms)
- Race 5 - Burley Griffin 24-Hour Challenge

Watch the PNSW website and Facebook for more information. Paddlers can enter as many events as they wish to achieve the following objectives:

- Level 1 Ultra Marathon Paddler - 200km completed
- Level 2 Ultra Marathon Paddler - 250km completed
- Level 3 Ultra Marathon Paddler - 300km completed
- Level 4 Ultra Marathon Paddler - 400km completed
- Level 5 Ultra Marathon Paddler of the Year (furthest distance completed)—Trophy & Perpetual Trophy

All paddlers who achieve Levels 1-4 will be awarded a PaddleNSW shirt with the Level 'x' Ultra Marathon Paddler wording or artwork on the back or sleeve. The winners of Level 5 in each class will receive a shirt and trophy.

Paddlers can change boat classes through events and still accumulate kilometres for a level award (eg, paddle a K1 in race 1 and a ski in the other events). The level 5 awards (minimum of two events must be completed) will be:

- Female Single
- Male Single
- Female Double
- Male Double
- Mixed Double
- U18 Female
- U18 Male

Watch the PNSW website and Facebook for more information.

### **Frank Harrison Memorial Race weekend: 23 & 24 February**

For those who would like to have a warm-up race before our own Canberra races. The Mitta Mitta Canoe Club will be holding a two-day event the weekend before our races. The longer distance is 26 km on the Murray River, from the Hume Weir in to Albury, with a shorter 16 km race also available. Singles on Saturday, doubles on Sunday.

This is a cross-over race for NSW paddlers to earn some extra points for themselves in their annual Marathon Series point-score competition. Entry at <https://www.webscorer.com/registerseries?seriesid=166371>

### **New boats on the river**

This month's featured new boat is Kerri Vaugan's Epic V10L. Kerri reports that she is thrilled with her choice of boat, combining as it does light weight in the ultra layup with great speed. Kerri notes that she was guided very much in her choice of boat by the Wetspot crew.



*Russell*

## World Wetlands Open Day!

Jerrabomberra Wetlands and Canberra City Farm are hosting an exciting and fun-filled open day to celebrate World Wetlands Day 2019. There will be a huge variety of stalls and activities for the whole family, including ranger-guided walks, children's activities, reptile displays, art exhibitions, Indigenous cultural activities, food, beer and lots more.

**When:** 2 February 4–8 pm

Entry is by gold coin donation with most activities free of charge. All proceeds go towards conservation efforts at Jerrabomberra Wetlands.



### Birdwatching Tour

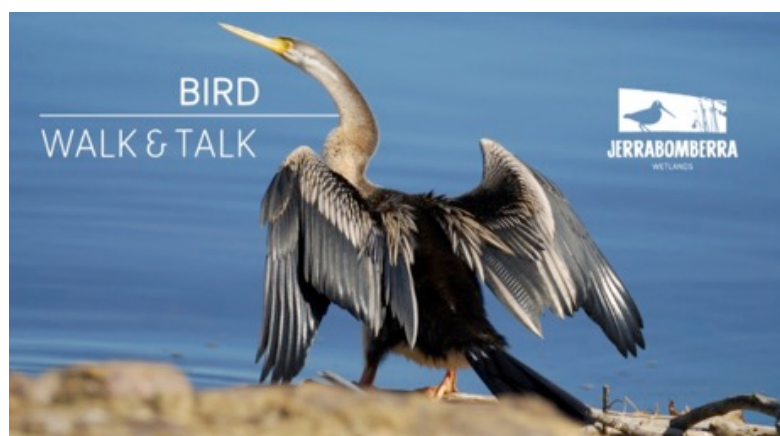
Get your ticket to the fad that is sweeping the nation! Shoshana, our avian expert, will take you journeying through this novel ecosystem in search of the 200+ bird species that call Jerrabomberra Wetlands home.

#### When:

Saturday 23 February

9:30–11:00 am

\$15 per person



For information and bookings, click on this link: <https://jerrabomberrawetlands.org.au/events/list/>



## For Sale

### Stella Carbon Ultra small wing 2-piece kayak paddle

Brand new, unused, prize from an event. Super-light adjustable paddle. Comes with a padded travel cover.

Valued at \$470 for the paddle alone.

<http://www.stellarkayaks.com.au/small-wing-paddle.html>

**\$350**

The paddle is in Canberra, inspection welcome. Contact Lincoln – [lincoln\\_g@hotmail.com](mailto:lincoln_g@hotmail.com)



If there are new or existing members interested in getting into Stand Up Paddling for fitness or recreation, there are a couple of club members with pre-loved race boards to sell. Please contact me via email [joannagnelson@gmail.com](mailto:joannagnelson@gmail.com)

**Club Uniforms are available at:**

**Wetspot Watersports, Fyshwick.**

**Tops are \$25 each      Shorts \$25 each**



## 2018 -2019 BGCC Membership Fees: Helen Tongway

- A big thank you to those people who have already renewed! Renewals (for everyone) were due on 1<sup>st</sup> July.
- If you haven't already renewed, nor heard from me to say you are still current, then your fees are **now (well and truly) over-due**.....

Renewing members owe for the full year; New members are now eligible for a pro-rata payment. PNSW have reduced their membership fee to \$65 for Adults and \$30 for Juniors, with under 10 year old Juniors at no fee. Juniors' ages are as at 1<sup>st</sup> July.

Unless a New member has completed a Taste of Paddling course with us, there is a \$50 joining fee, but BGCC fees reduce each month until June, when 2019-20 fees will be available.

**All PNSW & BGCC Memberships are paid via PNSW and Paddle Australia.**

Label	Category	PNSW fees	BGCC fees	Total
1.1	Adult – New Member	\$65	\$110	\$175
2.1	Adult – Renewing Member	\$90	\$80	\$170
1.2	Junior – New Member	\$30	\$80	\$110
2.2	Junior – Renewing Member	\$30	\$40	\$70
1.3	Family – New Members	\$120	\$280	\$400
2.3	Family – Renewing	\$180	\$180	\$360
	Children under 10 years at 1 <sup>st</sup> July, 2018	Free	\$40	\$40
3	Non-paddler, volunteers, officials, carers	Free	Free	Free!
4.1	Adult Single-event Membership	\$20		\$20
4.2	Junior Single-Event Membership	\$10		\$10

**Club Shed key-hire:** Annual Fee: \$75.Plus **Refundable Deposit** of \$50, for new key-hirers.

Private boat in Club Shed: Upgrade Membership fee: \$180

Both private boat in Club Shed + Club Shed key-hire, Upgrade Membership fee: \$255

Both Key-hire and private boat in shed membership require an approved Application Form for new Membership Upgraders.

*Those continuing their upgraded membership do not need to put in a new application each year.*

**Membership upgrades at:** <https://www.registernow.com.au/secure/AccessRegistration.aspx?E=30446>

If you finances are such that you need a little more time to pay – then please contact me, to let us know that you are still in town and want to continue with BGCC, key and boats.

*See club website for how-to-pay links*

*Helen.*

.....  
This is a reminder that a lifejacket must be worn whenever a club member is paddling a club boat.

Also a reminder to those members who have the privilege of having your own boat residing in the club shed, that you have agreed to use your boat at least 25 times per year – or you may be asked to remove it.

**Club rules** can be viewed at: <http://www.bgcc.org.au/images/FormsAndGovernance/boatshedrules.pdf>

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**Australian Canoeing Safety Guidelines** are available at:

<https://canoe.org.au/wp-content/uploads/2015/06/Safety-Guidelines-2015.pdf>



**The last page: Photos from Kiaran Lomas's farewell**

