

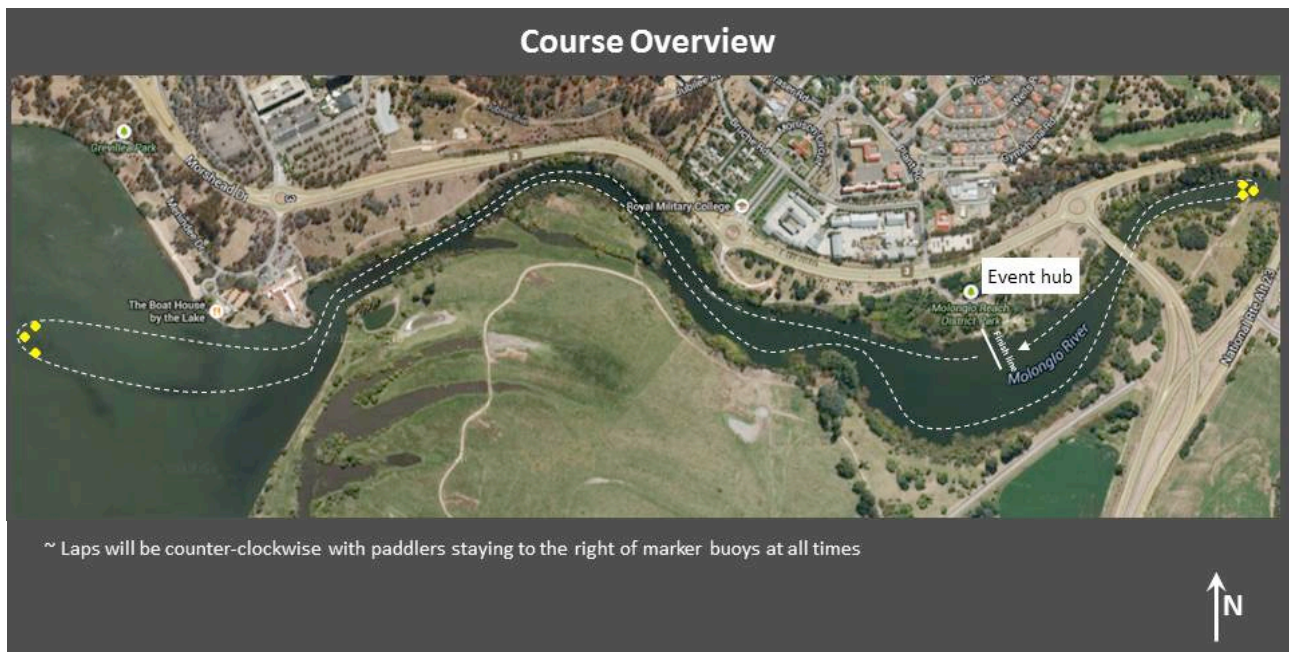


2015 PNSW Marathon 10 Series

Race 1

Canberra

- DATE:** Saturday 21st February 2015
- RACE:** Divisional Races over 25 km, 20 km, 15 km and 10 km
- HOST:** Burley Griffin Canoe Club www.bgcc.org.au
- LOCATION:** Molonglo Reach, Morshead Drive, opposite Duntroon
- ENTRIES:** Pre race: PaddleNSW website
Race day: 9:00 to 10:30 a.m.
- BRIEFING:** 10:30 a.m.
- START:** 11:00 a.m. (Div. 7: 10:45 a.m.)
- COURSES:** 25 km – Molonglo Reach - 5 laps
20 km – Molonglo Reach - 4 laps
15 km – Molonglo Reach - 3 laps
10 km – Molonglo Reach - 2 laps
5 km – Molonglo Reach – 1 lap



CONTACTS: John Preston paddlerjohn@hotmail.com 0428 365 064
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SATURDAY DINNER:



BGCC will be hosting a Spit Roast by the River, near the Club Shed, so those who are staying overnight won't have to cook for their evening meal or hunt for a place to eat. Choice of meats, salads, roast vegetables and desserts. \$25 per person.
Book your place on-line, or on Saturday morning.

39th Burley Griffin Bash

- DATE:** Sunday 22nd February 2015
- RACE:** Traditional distances - 30 km & 13 km - class categories
- HOST:** Burley Griffin Canoe Club www.bgcc.org.au
- LOCATION:** Molonglo Reach, Morshead Drive, opposite Duntroon
- ENTRIES:** 7:30 to 8:30 a.m. (On-line pre-entries welcome.
Or download form from www.bgcc.org.au)
- BRIEFING:** 8:30 a.m.
- START:** 9:00 a.m.
- COURSES:** 30 km – Molonglo Reach to Scrivener Dam, to Grevillea Park, around Springbank & Spinnaker Islands in West Lake and return to Molonglo Reach.
13 km – Molonglo Reach, the islands in West Lake & return.
5 km – Loop to Kings Avenue Bridge & back for Under 14 yrs.
3 km – Loop on Molonglo River for Under 12 yrs.



PRIZES for each Race Distance!

- NOTE:** *Courses may change if weather conditions are adverse.*
- CONTACT:** John Preston: 0428 365 064 paddlerjohn@hotmail.com
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BGCC FOOD STALL in operation for morning and afternoon tea and lunches on both days of racing at Canberra. A goodly selection of cool drinks, tea, coffee, cakes, barbecued meats and vegetarian dishes and salads will be available.

Don't forget: Perpetual Trophies to be Earned

30 km: Scrivener Trophy and Molonglo Trophy

13 km: Springbank Trophy



WARNING!

Sorry folks: There will be no camping at Molonglo Reach this year. The ACT Government Departments have decided that tents and caravans will not be permitted.