

BLAZING PADDLES

Volume 19 Issue 3
October 2008

GENERAL MEETING: Mon 29/09/08
At Helen's; 14 Coppin Pl Weetangera
at 7:30 p.m. 6254 7162 or 0418 861 613

www.bgcc.canoe.org.au

**NEWSLETTER OF THE
BURLEY GRIFFIN CANOE
CLUB INC.**

**PO BOX 341
JAMISON CENTRE
ACT 2614**

President: Bob Collins 6254 8645
president@bgcc.org.au

Vice President: John Harmer 0417 480 950

Secretary: Patricia Ashton 6254 9399
secretary@bgcc.org.au

Membership Secretary: Helen Tongway
dtongway@inet.net.au 6254 7162

Treasurer: Jacqueline Wicks 6281 0998

Editor: John Preston 0428 365 064
editor@bgcc.org.au or
paddlerjohn@hotmail.com

President's Report

As mentioned in my recent email, we are finalising our bid for funds to extend our shed. However, on 21 August '08 the NCA advised that, with the removal of so many trees, our shed is now more visible from Morshead

Drive. Due to this, we cannot proceed with our planned additional Colourbond shed!

I am now urgently negotiating with the builder to extend our original shed using the same materials and construction method. (It would apparently be too expensive to clad a standard shed frame in split pine logs.) Cost is going to be a major factor and applications for funds close on 13 October '08, but all is not lostyet!

Hopefully I will be able to post a revised plan at the shed this week.

On a brighter note, we have now taken delivery of our new Mirage 730 – it is in the shed and ready for use by anyone interested on paddling a very stable (and heavy!) double.

We are hoping it will get a lot of use and it has already been booked for the Hawkesbury by John Lockie and Jane Fisher and the Murray by Patricia Ashton and myself. For anyone keen enough, it is still available for the 24 hour Challenge on Oct. 18/19.
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On the subject of boats, provided our membership numbers recover, at the Committee meeting on Mon. 29 Sept. '08 we will be having preliminary discussions about a complete review of the Club's equipment stocks – in particular boats. We will be looking at the retention or disposal of current boats and which direction we should head with our next purchases.

Obviously we will need some expert input when it comes to our racing boats so if you have any suggestions please come to the meeting or Email the Committee. Any suggestions for specific boat purchases should be accompanied by reasons and approximate costs.

See you at the River

Bob Collins

2008 NATIONAL 24-HOUR RELAY CHALLENGE

This is a CHALLENGE to all BGCC Club Members - PADDLE AGAINST OTHER TEAMS FROM AROUND AUSTRALIA

The idea of the National 24 hour relay is that teams around Australia all race at the same time on their own waterways on a measured 5km course, keeping in touch regularly to submit times and laps.

CLUBS OUTSIDE THE ACT CAN PADDLE ON THEIR OWN "HOME WATER" (On a measured 5 km circuit), or join another nearby club/venue. (BGCC invites clubs or individuals to come along and join us on the Molonglo River in the ACT if

they do not have suitable water or enough takers.)

Note: Camping is available by the river at no cost.

START TIME: 10 AM
SATURDAY 18TH OCTOBER
FINISH TIME: 10 AM SUNDAY
19TH OCTOBER (Eastern Summer Time).

What do you have to do? : Each paddler will do one 5 km lap then hand over to a team mate waiting at the start line.

Team size: From 1 to 6 members - any types of boats welcome - though teams should use the same types for ease of calculating handicaps (as per Traditional racing classes)

Cost: There is an entry fee of \$5.00 per person to pay for certificates etc and non Australian Canoeing Members will need to pay a \$25- single entry fee for insurance purposes.

Safety: All paddlers are expected to wear a PFD at night and a light must be attached to the boat after sundown. Participants should be confident in the choice of kayak during night paddles.

To Enter: Email Helen Tongway at dtongway@iinet.net.au and advise how you would like to take part in the Challenge.

<u>Team Size</u>	<u>Rest time between paddles</u>	<u>Each paddlers overall distance</u>
1	It's up to you!	??
2	35mins	20-21 laps (100-105 km)
3	1hr 10mins	13-14 laps (65-70 km)
4	1hr 45mins	10-11 laps (50-55 km)
5	2hrs 20mins	8-9 laps (40-45 km)
6	2hrs 55mins	7-8 laps (35-40 km)

COMPLETE AS MANY LAPS OF OUR COURSE AS YOU CAN IN THE 24 HOURS: GREATEST NO. OF KMS WINS!

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*For those not wanting to paddle through the night—why not try the inaugural **12 HOUR CHALLENGE?***

**START TIME: 10 a.m. Saturday
18th October**
**FINISH TIME: 10 p.m. Saturday
18th October**

WETSPOT will be putting in a team as well as providing some sponsorship.

Accept the Challenge and put your name down now or set up a team yourself!

Excellent training for the Hawkesbury or Murray Marathon

This table shows an approximation of rest times & how far you will paddle in the 24 hour period:
(Based on a 5 km lap time of 35mins)

RECORD FOR TK1 (285 km) HELD BY PATTERSON LAKES CANOE CLUB.

ALL HOSTED BY BURLEY GRIFFIN CANOE CLUB.

Phone: 0418 861 613 or email:

committee@bgcc.org.au

www.bgcc.canoe.org.au

Member of ACTSport:



**REMAINING SERIES 10 RACES
2008**

Race 9: WORONORA Sat 11/10/08
Burnum Burnum Reserve River Rd
Entries: 9:00 – 9:30
Briefing: 10:30
Start: 11:00

**Race 10: WAGGA WAGGA Sat
15/11/08 Wagga Wagga Beach**
Entries: 10:00 – 11:30
Briefing: 11:30
Start: NOON

JURKIEWICZ Adventure Store
47 Newcastle Street

Fyshwick, ACT. 10% discount for BGCC
members Phone: 02 6280 8888
Fax: 02 62807074

Email: enquiries@jas.com.au



10 RACE SERIES – WYONG

Race 7 of the series was held on the tidal Wyong River across Tuggerah Lake from the Central Coast town of The Entrance. The race didn't attract as many paddlers as some of the earlier races in the series which was somewhat surprising considering the good weather forecast. The 20 km race was conducted over 4 x 5 km loops. While the tide wasn't really a concern for the paddlers, the boats, shallows and weed created problems for some.

BGCC had a small number of representatives competing. More detailed results below.

Competitor	Div	PI	Time	Pts	Tot Pts
C & N					
Dobbie	4	4	1:51:01	47	215
R Lutton	5	6	1:57:54	45	221
J Preston	5	9	1:59:35	43	259
R Peters	6	8	2:03:22	44	267
D Galbraith/ J Jackson	6	22	2:10:49	34	230
L and A McDermid	6	25	2:12:50	33	172
K Vaughan	6	35	2:32:01	24	177
H Tongway	6	36	2:32:14	23	178

10 RACE SERIES – LANE COVE

Race 8 of the series was held at low tide on the Lane Cove River. Early rain let up about a half hour before the race start but was replaced by a strong breeze. The breeze combined with shallow water sections and the tidal influence made the going difficult at times. Narrow sections saw some competitors ignoring the rules of the waterways and some near collisions occurred. While there were no problems with motor boats during the race a small number of non racing

canoeists managed to impede the progress of some of the racers on some of the narrow bends. More than one non courteous exchange of words occurred as kayakers tried to stay on washes. The 20km race was conducted over 3 laps which took competitors past a narrow beach from which spectators had a close view of the action. BGCC had a good turn out of competitors. More detailed results below.

Competitor	Div	PI	Time	Pts	Tot Pts
C Elliott	2	2	1:43:08	50	235
B Cowled	2		DNF	0	140
C & N					
Dobbie	4	3	1:54:47	48	263
D Drewsen/ B McDonald	4	4	1:54:49	0	132
M Laizans / B Rodda	4	11	2:01:06	42	119
A Smith / A Zeller	5	3	1:58:45	48	226
R Lutton	5	5	1:59:06	46	267
S McDonald / L Pini	5	6	1:59:10	45	126
R Higginbotham/ B McDonald	5	8	1:59:14	43	131
P Dart	5	10	1:59:21	41	136
J Preston	5	12	2:00:32	39	297
A Buykx	5	16	2:12:59	0	0
R Peters	6	6	2:05:16	48	315
H Tongway / F Kingma	6	8	2:07:08	46	128
G Altinger/ V Thomson	6	11	2:07:38	44	206
P Davies / S Jolly	6	22	2:14:19	34	108
L & A McDermid	6	27	2:22:13	29	201
S Prusa	6	29	2:25:37	27	143
K Vaughan	6		DNF		
D Woods	8	5	1:38:00	48	85
C Williams	8	8	2:00:06	45	188



Paddle NSW have made an attempt to create a paddlers ranking table based on the paddlers' best performances in the 10 race series and other major races. Currently we have a number of club members ranked in the top 30. These include:

Chris Elliott - 6th
Russell Lutton – 17th
John Preston – 20th
Robert Peters – 25th
Shane Lund – 27th

In the doubles rankings the following are also in the top 30. These include:

Chris Dobbie – 8th
Neil Dobbie – 8th
Darren Drewsen – 10th
Alex Smith – 11th
Alex Zeller – 11th
Danny Galbraith – 17th
Gemma Altinger – 19th
Vincent Thomson – 19th
Alexandra McDermid – 21st
Lee McDermid – 21st
Lachlan Pini – 24th
Scott McDermid – 29th
Sabina Prusa – 29th



Rumours abound as to the future of the Murray Marathon. With the Australian Red Cross withdrawing their support after this event and a decline in the number of full distance paddlers in recent years it seems this may be the last race in the current format.

Those in the know suggest that prospective entrants should get their entry in early in order not to miss out as this is also the 40th anniversary of this race. Quite a number of BGCC members have indicated their intention to compete.



It appears we have a large group of competitors who are entering this race on the first weekend in November. Our participants range in experience. John Harmer has competed in every Hawkesbury since its inception, that's 31 times! WOW! Others are competing for the first time and have to overcome the daunting prospect of paddling 111 km's overnight.

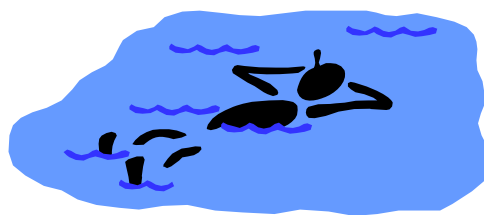
There is still one familiarisation paddle before the big day.

25th October – Sackville to Windsor (night paddle) @4:30pm. Bookings are mandatory and should be directed to Lyle Mead 96263741 (h) 0403932348 (m) Email: lylem@dodo.com.au

\$\$\$ Triathlon water safety. \$\$\$

Our biggest fund raising venture is our involvement with the supervision of a number of triathlons which occur over the warmer months. Below is the list of events we are going to supervise. Please don't leave it to the same people to help out. We all benefit from the funds raised. John Lockie as coordinator will make contact with members as the races draw closer.

DATE	TIME	LOCN	DISTS	#	BTS
Fri 21/11/08	1800	Black Mtn	40/80	1	
Sun 23/11/08	800	CYC	200/400	12	
Fri 5/12/08	1800	Black Mtn	40/80	1	
Sun 7/12/08	900	Black Mtn	200/400	12	
Sun 14/12/08	EARLY!	Cen Basin	1900	28	
Sun 11/01/09	730	Yarra	300/750	15	
Thu 15/01/09	1830	Lake G	300/600	12	
Fri 23/01/08	600	Cen Basin	500/1500	15	
Sat 24/01/08	1300	Cen Basin	100/200	3	
	1330	Cen Basin	300	10	
	1530	Cen Basin	750	10	
Sun 25/01/09	700	Cen Basin	1500	25	
Sun 3/02/09	tba	tba	tba	14	
Thu 5/02/09	1830	Mol Reach	300 x 2	10	
Fri 6/02/09	1800	Black Mtn	40/80	1	
Sun 15/02/09	800	Black Mtn	200 x 2	8	
Thu 19/02/09	1830	Lake G	300/600	12	
Fri 20/02/09	1800	Black Mtn	40/80	1	
Sun 1/03/09	800	Acton	400/1000	15	
Thu 5/03/09	1830	Mol Reach	300/600	12	



Introduction to Paddling and Canoe and Kayak types.

On the Paddle NSW web site is a link to an article entitled "Introduction to Paddling" which would be a very useful article to which novices could be referred. The article contains some very basic information about paddle sports. Under the useful links banner on the Paddle NSW site is an article entitled "Paddlecraft Types". It is a link to an article on the Sutherland Shire Canoe Club web site which might be of some use to those of us who are somewhat confused by the large variety of canoes and kayaks available today. While browsing this web site one might also take a look at a number of other very informative articles eg * paddling at sea; * the forward stroke; * sprint vs marathon. These articles, and many others on this site, are well worth a look.



Kayak / canoe events include: marathon, sprint, canoe polo and slalom. Competitors must be 30 years of age or older. For more information visit: www.australasianmasters.com/

Are you a budding Ken Wallace?

Are you Australia's next sporting champion? Australian Canoeing have developed an online program "which seeks to identify and develop Australia's future sporting talent". This interactive program allows users to enter in results for a series of 'home based' performance tests and measurements which can be used to help identify athletes for selection in NTID (National Talent Identification & Development) development programs.

If you are between the ages of 12-29 and you fancy you could become an elite athlete go to the Australian Canoeing website www.canoe.org.au/ On the home page look down the right margin and click on the picture of the paddler entitled "Are you Australia's next sporting champion?" Good luck.



BGCC TOURING

Lunchtime Paddle to Springbank Island

We had chosen a date and advertised the paddle – we actually had about 14 members interested in coming along. That classes as quite a successful activity. However the weather was not what we'd requested with high winds, small boat alerts, possible snow.....our Lunch paddle was postponed.

A few weeks later we tried again – 7 members turned out in beautiful conditions for a leisurely paddle to the Island. The lake was like a mill pond, calm with great reflections and it stayed that way for the return journey.

The Island was quiet, with only some very friendly magpies for company. Our lunch, which consisted of chicken and rolls, wasabi

peas, zucchini slice, cup a soup, and what ever each person had for themselves was accompanied by interesting conversations relating to all things kayaking and boating through to applied mathematics.

It was a warm, sunny and very pleasant outing - I'm sure we will do it again. Hopefully more members will be inspired to come along!

Patricia

Paddle NSW are inviting recreational / touring paddlers to participate in their spring paddles.

Brilliant Berowra Waters

Sat 18/10

Historic Parramatta River Wreck Paddle

Sun 23/11

Narrabeen Lakes practise session 27/09

See Paddle NSW website for more information. paddleNSW.org.au



*summer stock

*watch out for our canoe, kayak trial days and paddle sessions. Ask at the shop or check out the information on the clubhouse door.

* 10% discount for current BGCC members.



The ACT Government supports this organisation through Sport and Recreation ACT.



Lunch on Springbank Island



A beautiful day on Lake Burley Griffin

Twilight Time Trials begin October 8

Twilight Time Trials for '08 / '09 begin on **WEDNESDAY 8th OCTOBER** starting at 5:45pm.

Last summer we had fantastic numbers turn out for these races. It is hoped the number of entrants and the quality of the racing can be repeated this summer.

It is important for all who participate in the time trials to volunteer to do their share of the timekeeping and BBQ preparation. Please don't wait to be asked. A volunteer roster will be available in the club shed this week.



The ACT Government supports this organisation through Sport and Recreation ACT.

Introduction to kayaking courses.

Introduction to kayaking: Using BGCC recreational boats.

October 25th /26th (1 place available)

November 29th /30th (6 places available)

January 31st and February 1st (10 places available).

Introduction to TK's and K's: Using club kayaks.

November 8th / 9th (places available)

January 17th / 18th (places available)

(Sat 9– 11am) (Sun 9 – 10:30)

Skills and racing technique: open to all members.

November 22nd, December 14th and the 1st and 3rd Wednesdays of each month from November 4th at 4:30 pm.

Soon to be announced: Introduction to Touring; Deep water rescue; Triathlon assistance; Canoe polo.

END-OF-WINTER BOATSHED CLEANOUT AND KAYAK STOCK TAKE

Sunday, 31 August marked the end-of-winter boatshed cleanout and kayak stock take. Hopes are high that thanks to the good work of Barry Marshall and others the possum piddlers may have finally been banished from the shed. However, their memory lingers on and on ... and everywhere!

Remarkably, Steve Harmer actually had the unenviable experience of a possum evacuating his shed-stored kayak half way through a Wednesday time trial last summer—*Hey, big fella; is that a possum in your kayak or are you ...?*

Thanks to Bob Collins, Steve and John Harmer, Helen and David Tongway, Tim

Nicholson, Russell Lutton, Damian Woods, Judy Jenkinson, John Preston, Robyn Robertson and Paul Hartlipp and anyone else missed who participated in this mega event.

Footnote: could the person who owns the lime green underpant (conveniently left next to the log book) please contact Helen Tongway within five working days to reclaim the said item.

END-OF-WINTER GARDENING OPPORTUNITY

BGCC is pleased to be able to provide the opportunity for those members who are keen gardeners to access 30 kg bags of possum-poo for your spring garden spruce up. Hurry to the shed as stocks are definitely limited.

NEXT GENERAL MEETING AGENDA

Agenda 29th Sept 2008-09-11

At Helen's home, 14 Coppin Pl Weetangera 7:30 p.m. Ph 6254 7162

Present:

Apologies:

President's Report

Treasurer's Report:

Acceptance of Minutes of 14 July 2008

Business Arising from Minutes

* website content - Have added Beginners course dates AC web person how do we get google to recognise site? **Ongoing**

* The extension to the shed **Ongoing**

* Shed contents and trailer (and contents) Insurance. Have Certificate of Currency **Ongoing**

* Boat Storage - Mirage

* Beginners Course - One an Introduction to Kayaking using only the stable boats \$50- for 2 sessions, plus Introduction to K's & TK's. As well as a variety of other sessions, for members only— Intro to racing & skills 1st & 3rd Wed & 22 Nov & 14th Dec; Intro to Touring; Intro to Canoe Polo (need to consult with CP) ; Deep water rescue; Intro to Triathlon Assistance. Thanks to John Lockie for his work on the format. Oct course already full, also ran 3 one day sessions already - ? memberships from them?

Need to get coaches on board **Ongoing**

* Boat repairs

* 24 hour relay - October 18 -19. **Need to start pushing**; Wetspot keen to put in 2- 3 teams; try other Kayaking organisations/shops

* Paddle Raffle: Bob will look into getting one through Wet Spot and raffling it through summer - a voucher for a paddle rather than a specific one

Correspondence In: Several memberships; invoice for printing flyers, \$33; Aust Business Directory listing notice; CBA Aug Statement; Lakeside fee increase notice; Riverina Party Hire blurb; ICOM VHF radio offer; Murray Marathon CD & info.

Correspondence Out:

Action from Correspondence

Convenor's Reports : Flat water Canoe polo

Touring - Social - our lunch paddle to Springbank was very pleasant White water Property Manager - Shed clean and boat repairs

Membership Secretary currently have 102 paid members

New Business

Wednesday Time Trials – daylight savings starts 5th Oct so Time Trials should start the following Wednesday **8th October - need to advertise**

Triathlon dates – start 23/11/08 John hasn't at this stage put us down for the Thursday evening ones

* **Other Long term Items which need to be looked at:** (Not discussed 11 Aug)

* Possum Proofing - **finished**

* Sand for the beach Bob has requested more sand as well as a dock as part of the whole redevelopment/beautification of the river banks. Ongoing

* Increasing Qualified Coaches Margi to chase up – need to chase up!!!!

* Clubs phone number **Oct meeting - need to organise this**

* Go through Bob's Think Tank ideas - prioritise

* Child Protection Legislation

New Business

Next Meeting - **Blazing Paddles - Meeting Closed**

Dear Friends of the River & Eco- Adventurer

Kiulu is located about 60 km from Kota Kinabalu and is the venue for this traditional sporting challenge. The **Kiulu 4M Challenge** on **7th December 2008** consists of four traditional sports – *Bamboo rafting, Bamboo drifting, running & traditional stilt walking*. Organized by the villagers of Kiulu, Sabah, Borneo the **Kiulu 4 M Challenge** is in to its 11th year.

Although **Kiulu 4 M Challenge** is competitive it has all the elements of fun and friendship.

The beautiful and scenic Kiulu River is an exciting introduction to the joys of river rafting. Rivers have long been the life-arteries of the indigenous peoples of Borneo. They have served as a means of transport, a source of food and now, a resource for ecotourism. The native groups of Sabah have used bamboo rafts for centuries. The Kiulu River, which is certified as Grade 2 in the international white water rafting grading system, is suitable for novices and beginners.

Supported by the Sabah Tourism Board and Tourism Malaysia, in addition to being a sports event, the **Kiulu 4MC** is also a noble endeavor to protect and preserve nature.

One of the objectives of the Challenge is to promote traditional sports as an eco-tourism product of Kiulu to create opportunities for active local participation in the tourism industry and instill environmental awareness among the community.

Please click the link to review an article, written by Floyd Cowan (Editor-in-Chief - XL magazine) who participated in the 2007 event.

<http://www.resultsfoundation.com/index.php?id=400000056>

<http://www.canoe.org.au/?page=15131&format=>

